



SCHOOL SHMOOZE

לקראת שבת פ' האזינו - שבת שובה - ה'תשפ"ד

Vol 21 #03

Dear parents of the BCM family,

I'd like to wish a hearty Mazel Tov to Rabbi and Mrs. Rosenfeld upon the birth of a granddaughter. May she be raised לתורה לחופה ולמעשים טובים מתוך הרחבה!

So many Talmidos recited Tehillim over ראש השנה! **127** donuts were distributed to all those who brought the Tehillim papers back to school. **8,948 minutes of Tehillim** were recorded!!! **32 Talmidos in grades 7&8 finished the entire Tehillim** over ראש השנה!! What a way to start off the year!!! Special raffles were held for every grade. Achos booklet for grades 7&8 were distributed! Thank you to our anonymous sponsor for all the prizes! If you'd like to sponsor a program, please email rabbividal@bcmschool.ca

Yesterday, the Talmidos learned about ו' תשרי and רבצין חנה ע"ה. Talmidos for grades 7&8 had a special Challah bake in honor of this special day. See more on all of this in the upcoming pages.

Are you in a rush in the morning?

I'm sure many parents dropping off in the morning are in a rush to get to the next place. Having said that, the safety of your children and all the other Talmidos and teachers is more important than your 1-2 minutes you will be saving by dropping off in front of the building. Please go around the building and follow carpool rules. There is no exception to this rule. This is Sakonas Nefashos and no compromise can be made when it comes to safety. **Do not drop off in front of the building.** Thank you!

Chidon registration for grades 4-8 is now open! To register:

Login into your parent account on mashpia.com/mobile

2) Click on the blue "Chidon Limmud Enrollment" button next to your child's name

3) Fill out the form, pay the fee and get ready for a year of Limmud Hatorah!

If you need to purchase the Yahadus book, please do not purchase from Chidon as it will take a while for it to come. Buy it **locally** so she can start learning right away.

The מצוה of תשובה, is a מצוה independent of a specific time or place. Whenever a איד commits an עבירה he is immediately obligated to do תשובה.

In this light, a איד who never sins is technically exempt from the מצוה of תשובה, for he has neither misdeeds to regret nor a need to repair his relationship with ה.

According to this simple explanation of תשובה, the Rambam's comments concerning יום כיפור are problematic: "יום כיפור is a time of תשובה for all, both for the individual and collectively...everyone is obligated to do תשובה and confess his יום כיפור חס עבירות."

The Rambam's words raise two questions: If a person is obligated to do תשובה immediately after committing an עבירה, why repeat the process again on יום כיפור? Furthermore, why would a איד who never sinned need to do תשובה at all? Yet the Rambam maintains that "everyone," without exception, is obligated in תשובה יום כיפור.

The answer to these questions lies in the very essence of תשובה and the uniqueness of the day itself. The תשובה one does on יום כיפור is of a different nature than the תשובה that is required as a result of one's עבירה, and is an obligation that falls equally on every single איד, regardless of his רוחניות standing.

Throughout the year, the מצוה of תשובה is dependent on the individual's personal circumstances. If a איד does an עבירה he must do תשובה in direct proportion to the severity of the עבירה.

A person who never does an עבירה is logically exempt from this obligation. On יום כיפור, however, the obligation to return to ה stems from the קדושה of the day itself. On יום כיפור, it doesn't matter whether a איד did an עבירה or not.

For those אידן who may have done an עבירה and not properly done תשובה during the year, יום כיפור offers atonement simply by virtue of its קדושה. At the same time, those individuals who have already corrected their behavior can reach an even higher level of תשובה on the holiest day of the year.

The Rambam explains that every איד must confess his sins on יום כיפור, even those for which he has already done תשובה, as it states in Tehillim, נגדי תמיד.

This obligation applies even to צדיקים, for "there is no איד in the world who does only good and does not sin." Every single איד is obligated to thoroughly scrutinize his deeds on יום כיפור, irrespective of his current רוחניות status.

The uniqueness of יום כיפור - a "time of תשובה for all" - lies in the special bond between the איד and ה that is revealed on that day, a connection that transcends the limitations of the natural world.

Integral to this special relationship with ה is the obligation to do תשובה in an ever-increasing and ascending manner, both for those who may not yet have done תשובה in the most basic sense and those who stand on a higher רוחניות level.

Grade 1

We kept really busy in first grade this week! Loads of hands on activities and fun learning took place in our classroom. I'm sure you have begun to hear some snip-its of all the songs we have learned as the girls catch on! Learning is fun! Thank you Mrs. Landa



Grade 2

We learned all about Yom Kippur and even started our Sukkos booklet. We can't wait to share our Yiddish song about Sukkos! Our Tzivos Hashem pictures are up on our classroom wall. Let's see how we each go up in rank!! It's easy!! Enjoy our recess pictures! Thank you Mrs. Rosenfeld



Grade 2B is getting ready for Yom Kippur with much fervor. We explored the 4 Issurim of Yom Kippur through a fun game of charades and we delved into the 5 Tefillos of the day with much excitement from inside our very own Machzorim. In Chumash we learnt how Avraham comes to Eretz Yisroel and Hashem promises the land to his children - to US! Our Milim bank and Shoroshim motions are growing by the day! Gmar Chasima Tova! Thank you Miss Landa



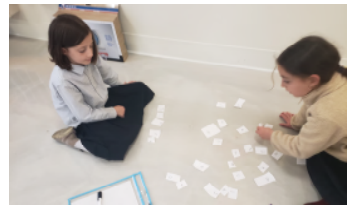
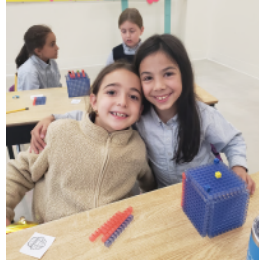
Grade 2 (cont'd)

This week we learned about nouns and proper nouns. We learned about the silent 'e' at the end of a word that makes the vowel have a long vowel sound. In math we learned how to skip count by 10 20, 25 and 50. We will ly"H continue this next week . Thank you Mrs. Perl



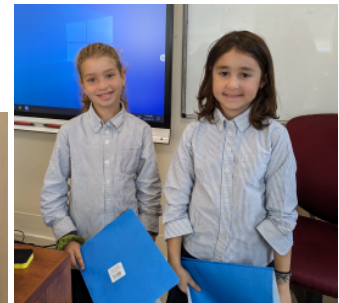
Grade 3

B"H it was another wonderful week in class 3B! We reviewed and cemented our place value knowledge in math, and had fun racing to create our place value Sukkos, based on the number on the board. We also enjoyed playing various spelling games and it is always so great to get in our daily exercise breaks! We're moving along in our readers, building our skills and keeping up with our journals! Wishing you all a



beautiful Shabbos and a gmar chasima tova! Thank you Miss Zirkind

Are you brave enough to stand under a chicken for kapparos?? We had a hilarious time practicing what to say and what to do as we got ready for Yom Kippur. Thank you to Mimi



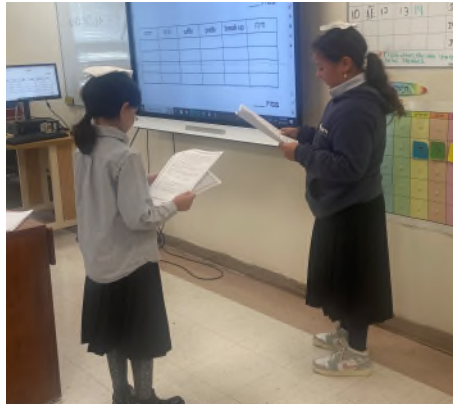
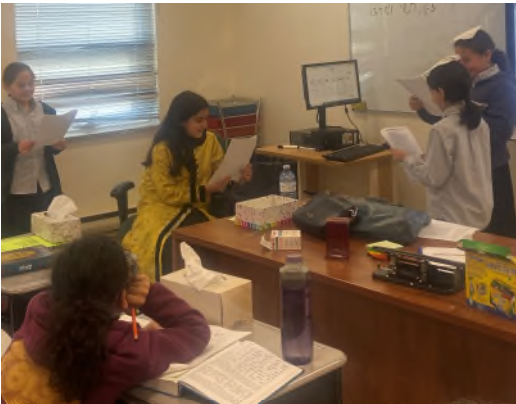
Grade 4

Perek Lamed Bais...Tefillah... Delving into the brothers' plans for Yosef... Building on the skills we have in understanding the pesukim, and discovering some new ones... Yom Kippur- the details, the meaning, the machzor.. Our learning schedule is filled to the brim! Wishing you all a Gmar Chasima Tova! Thank you Mrs. S. Zaltzman

This week we began working on our handwriting. The pencil grips can really help, but cursive is not as easy as it looks! We're still enjoying place value riddles, and the video on rounding numbers was a fun review of what we learned. Keep up the good work! Mazel tov to Blumie Gorman, the star of the week! Thank you Mrs. Doron

Grade 5

We have been learning and preparing ourselves for Yom Kippur. We even began to learn about Sukkos as well! As we began to learn about גלות מצרים, we have been discussing the concept of סוּרְמָה לַצוּר עֲלֵיהָ help us understand how it is all to prepare the תּוֹרָה to receive the ultimate gift- the פְּסוּקִים We enjoyed acting out the bringing it to life! Thank you Mrs. Zaiontz



Junior High Grades

Grade six has spent a busy week learning halachos and tefilos of yom Kippur.. discussing practical ways of teshuva based on this week's hayom yoms, and continuing the story of Chana and Penina. Wishing you all a gut Shabbos and gmar chasima tova! Thank you Mrs. Karpilovsky



Learning in grade six is exciting everyday, BH! We start off every class with a short and fun writing activity where girls have an opportunity to share. What a great and intelligent group of students. I love seeing all of the eager participants! Not only have we started our first spelling lesson, but we are in the process of mastering cursive writing. We started decorating our World History Scrapbooks. Our first unit is all about the start of the Industrial Revolution. We all learnt how to write our first essay on why the Industrial Revolution started in Great Britain. The girls are so excited to complete their first chapter in their scrapbooks with their full color pictures and their beautifully written essays. Great job, girls! Thank you Mrs. Lavner

Learning grade eight Biology is fantastic! The students are asking such awesome questions and their note-taking skills are exemplary! Currently, we are learning about Life Functions and how every part of the human body has significant importance. Next, we will be starting Cell Biology! Looking forward to a great year! Thank you Mrs. Lavner

Tzivos Hashem

Wow, what an amazing and busy week we had here at BCM! We are so proud of all the girls who said Tehillim on Rosh Hashanah!! Can you believe that the total of minutes that Tehillim was said from grades 1-6 was 8,948!! And from the Junior High, we had 32 girls who said the whole Tehillim!! Every girl who said Tehillim was rewarded with a delicious donut! In addition, every grade had a raffle of all the girls who said Tehillim. The winners are: Grade 1 - Nechama Chaikin, Grade 2 -Mushka Marmulstien, Grade 3 - Brochi Gorman, Grade 4 - Shaina Shubaev, Grade 5 - Maayan Lang Grade 6 - Leebe Deren. We are so proud of all our winners and everyone who said Tehillim.

This Vov Tishrei, Junior High came together for a beautiful challah bake, where we heard all about Rebbetzin Chana and her life. Grades 1-6 got a fun sheet all about Rebbetzin Chana! Thank you Miss Gorman and Miss Sosover



YOU'RE HIRED! is the Achos theme for this upcoming **שנת הלימודים**! Just on time for Rosh Hashanah, the project was launched in the most beautiful setting. Our 7 and 8th grade Talmidos were hired to bring Moshiach! They received a beautiful professionally designed and printed book which has their checklists for the entire year. Every month, the Talmidos will be different types of workers to get this job done. This upcoming month of Tishrei, they will be construction workers focusing on **עבודה שבלב זו תפילה**. Check out the book and encourage your daughters to participate in this final project which will bring tremendous Nachas to the Rebbe and bring Moshiach NOW!

M'chayil El Chayil

Tip of the Week Cramming for Tests

Cramming for a test the night before is an ineffective way to study. Deep down, our talmidos know this, and yet they still do it! Research shows that spacing studying over several days is a key component of effective studying. Teaching your girls how to incorporate spacing into their study habits has a number of benefits:

- Spacing incorporates executive function skills and provides opportunities to practice skills such as breaking down a task, planning ahead, backward design, mapping out work, and more.
- Spacing helps fight procrastination.
- Spacing creates long-term memory which is proven to be far more effective than relying on our short-term memory as it results in better memory retention and recall of facts

Let's us all partner together in encouraging our talmidos to effectively plan ahead and prepare for tests/quizzes with ample time to ensure success.

Here is a practical example of how we can encourage the girls to use this strategy. Have your daughter estimate how much time she thinks she will need to study for something and have her break it down over the course of time leading up to the assessment. For example, if she is given 5 days' notice of a quiz, instead of planning to study for two hours the night before, encourage your daughter to spend 20 minutes each day leading up to it. In total, she will actually spend less *time studying* (100 mins. vs. 120 mins.) *and the studying she will do will be far more effective!*

Wishing all of our BCM families a Gmar Chasima Tova and an easy and meaningful fast!

Hatzlacha Raba!

Thank you,
Mrs. Gabay

CALENDAR REMINDERS:

MONDAY י' תשרי / SEPTEMBER 25—YOM KIPPUR—NO SCHOOL

TUESDAY י"א תשרי / SEPTEMBER 26—SCHOOL RESUMES @10:00 AM

THURSDAY י"ג תשרי / SEPTEMBER 28 THROUGH MONDAY כ"ד / OCTOBER—9 SUKKOS BREAK—NO SCHOOL

TUESDAY כ"ה / OCTOBER 10—SCHOOL RESUMES

MONDAY א' מרחשון / OCTOBER 16-PIZZA LUNCH GRADES 1-8

TUESDAY ב' מרחשון / OCTOBER 17-CURRICULUM NIGHT

I'd like to wish the BCM family a Gut Shabbos and a גמר חתימה טובה!

Rabbi Vidal